



City of Jemison, Alabama

Eddie Reed
Mayor

Director
Shane Fulmer

Staff

Marc McMinn, Deputy Chief of Police
John Dennis, Fire/Rescue Chief
Robert Tucker, Asst. Fire/Rescue Chief
Tammy N. Miller, Magistrate

*Department of Public Safety
P.O. Box 609 / 14 Padgett Lane Jemison, Al. 35085
205-688-4491 (fax) 205-688-1109*

TRAINING ANNOUNCEMENT

Mental Health First Aid Training (6 hours CEU's)

- Hosted By:** Jemison Police Department
- Date:** Wednesday, May 17, 2017
- Location:** City of Jemison Auditorium
14 Padgett Lane
Jemison, AL 35085
- Time:** 8:00 am til 4:30 pm
- Instructor:** Christopher G. Driskell, MSW
Residential Therapist, CREP Director, MHFA Instructor
Chilton/Shelby Mental Health Center
- Cost:** \$25.00 per attendee (cost covers manual and material)
Make checks payable to Chilton/Shelby Mental Health
- To register:** Contact Deputy Chief Marc McMinn
marc.mcminn@yahoo.com or 205-688-4491

Topics Covered:

- What is Mental Health First Aid
- Mental Health Problems in the United States
- Mental Health First Aid action plan
- Understanding depression and anxiety
- Action plan for depression and anxiety
- Panic attacks, Traumatic Events, Anxiety Symptoms
- Understanding Psychosis
- Understanding Substance Abuse disorders
- And role plays, tests, exercises, interactive discussions