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**Monthly News and Commentary from ICJE**

1 message

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**ICJE, Inc.** <jimrechel@icje.org>  
Reply-To: jimrechel@icje.org  
To: pcalvert@faulkner.edu

Wed, Apr 6, 2022 at 8:10 AM



## Winds of Change

What is going on?!

**Sports...**Unruly and violent behavior at sporting events, on-court fights between basketball teams, college football games interrupted by teams brawling, referees attacked by high school players.

**Air Travel...**Airline passengers attacking flight attendants and employees in record numbers.

**Road Travel...** Road rage incidents, defined as the use of a gun or vehicle to injure someone as a result of traffic dispute, rose to record numbers again last year. Road rage deaths and injuries were 522 in 2021. In 2016 to 2019, the total number of injured or killed *never exceeded 300*.

**Dining...**Last night my wife and I went to dinner at Cracker Barrel...and as I spoke with our server she mentioned that the number of customers who walk out without paying has increased to a level she has not seen before in her 2 plus years working there. And that's with far less customer traffic!

**Crime...**Crime waves in cities across America, including Mobile, Birmingham, Selma and more continue at historically high levels.

What is going on?!

There are winds of destruction that are blowing through our society that threaten to destroy our country. When the Institute for Criminal Justice Education was formed more than 25 years ago, we endeavored to provide educational opportunities for many Alabama police departments that had limited funding to train their law enforcement personnel and civilian partners engaged in "crime fighting" at various levels.

While successful in providing training and education in a variety of subjects over the years, it sometimes seems as if the training and education to deal with the issues of today are akin to "spittin' in the wind" as evil extinguishes the flame of order in our society.

Our nation is losing its foundations, especially the need for a solid spiritual foundation, for no amount of law enforcement can be successful if a nation turns from God. As one of the early founders was quoted as saying:

***“Bad men cannot make good citizens. It is impossible that a nation of infidels or idolaters should be a nation of freemen. It is when a people forget God that tyrants forge their chains.***

***A vitiated state of morals, a corrupted public conscience, is incompatible with freedom.***

***No free government, or the blessings of liberty, can be preserved to any people but by a firm adherence to justice, moderation, temperance, frugality, and virtue; and by a frequent recurrence to fundamental principles.”***

As the winds continue to blow, we will continue to provide timely educational opportunities while working to shore up our foundation to offset the winds of destruction.

Best regards,

Jim Rechel, Newsletter Editor

ICJE, Inc.  
[jimrechel@icje.org](mailto:jimrechel@icje.org)

*Please feel free to email comments or suggestions. Thanks, Jim*



## **Drug-Laced Mail in Prisons**

I recently spoke with a Deputy responsible for a large jail facility, and he mentioned that they had just discovered a large-scale operation that is sending paper sprayed with K2 disguised as "Legal Papers", attempting to evade their current mail screening process for drug laced mail. The inmates utilized CashApp to monetize their scheme.

While this is not a "new" threat, the bad guys are constantly adjusting, creating the proverbial cat and mouse game.

An article from last October highlighting what a prison system in Wisconsin is doing lays out the issues fairly well if you are not familiar with the problem.

*A new mail policy at Fox Lake Correctional Institution in Wisconsin aimed at curbing the infiltration of dangerous drug-laced paper could expand to all prisons, but inmates say their concerns about missing and cut-off documents aren't being addressed. Under the pilot policy, inmates receive only photocopies of their mail, not the originals, which staff later shred.*

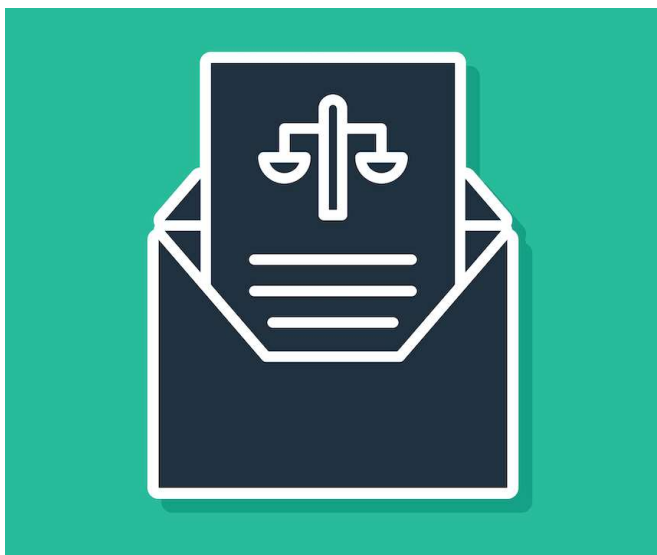
**Read More**



## **Beware: Scammers Target Cash App, Zelle, Venmo, PayPal Users For 'Fast' Money**

The number of people who reported losing money to fraud through a payment app doubled last year, according to the Federal Trade Commission.

[Read More](#)



## **Hackers Gaining Power of Subpoena Via Fake "Emergency Data Requests"**

There is a terrifying and highly effective "method" that criminal hackers are now using to harvest sensitive customer data from Internet service providers, phone companies and social media firms. It involves compromising email accounts and websites tied to police departments and government agencies, and then sending unauthorized demands for subscriber data while claiming the information being requested can't wait for a court order because it relates to an urgent matter of life and death.

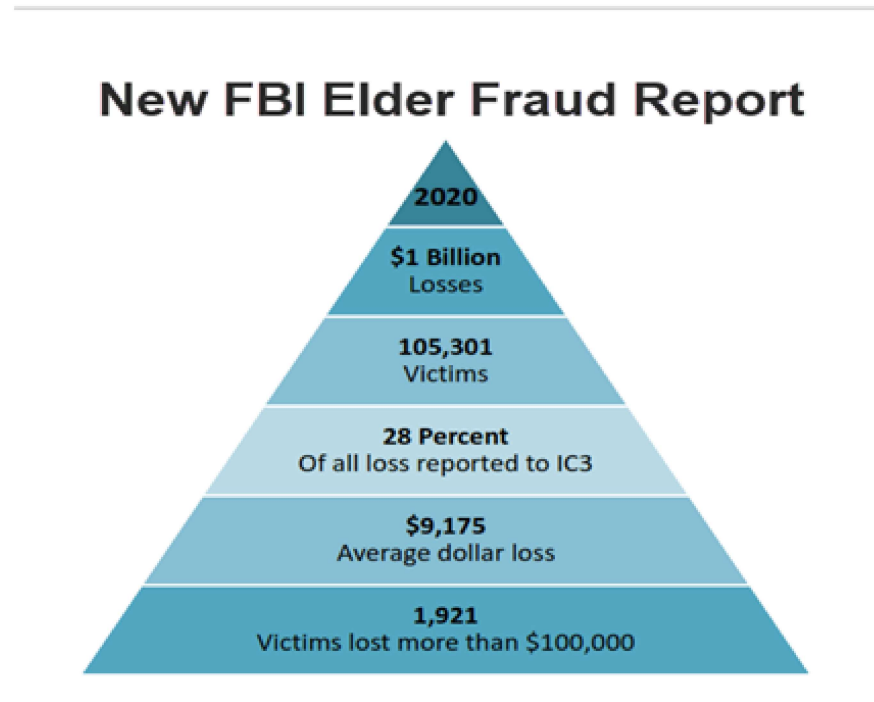
[Read More](#)

## **Staying Safe in an Unsafe World**

### **The Triple-A Plan: Action – Protection from Internet Fraud and Cyberattacks Internet and Other Fraud Schemes**

As if things weren't bad enough with everyday cyber-criminals, now we know that the same cyberattacks that Russians are using against Ukraine can just as easily be switched to the U.S. with much greater effect. Our increased vulnerability is due to our dependency on the Internet for everything from the electrical grid to financial, water, and transportation systems, not to mention our personal computer systems.

The suggestions provided below apply to any online attack, and while there are no guarantees that your system will be safe, you will be protected to a much greater extent than those who have little or no safeguards in place. To give you some idea about the magnitude of fraud schemes today, the FBI's Internet Crime Complaint Center (IC3) provided a report in 2020 showing the following reported complaints in the U.S. where Elders were listed as victims:[1]



[1] [https://www.ic3.gov/Media/PDF/AnnualReport/2020\\_IC3ElderFraudReport.pdf](https://www.ic3.gov/Media/PDF/AnnualReport/2020_IC3ElderFraudReport.pdf)

- The scammer requests payment via gift cards, wire transfers, or virtual currency.
- The scammer creates a sense of urgency or deadline to pay quickly.
- The scammer demands secrecy from you.
- The contact contains poor grammar or misspellings.
- Payments are offered in amounts higher than a listed or normal price.
- Email addresses disguised to seem legitimate.
- Unsolicited emails, texts, etc., requesting you confirm usernames and/or passwords.
- Requests to move to a new platform to communicate.
- Requests to access your personal bank or other accounts to pay you for a service.
- Unsolicited emails with links or attachments.

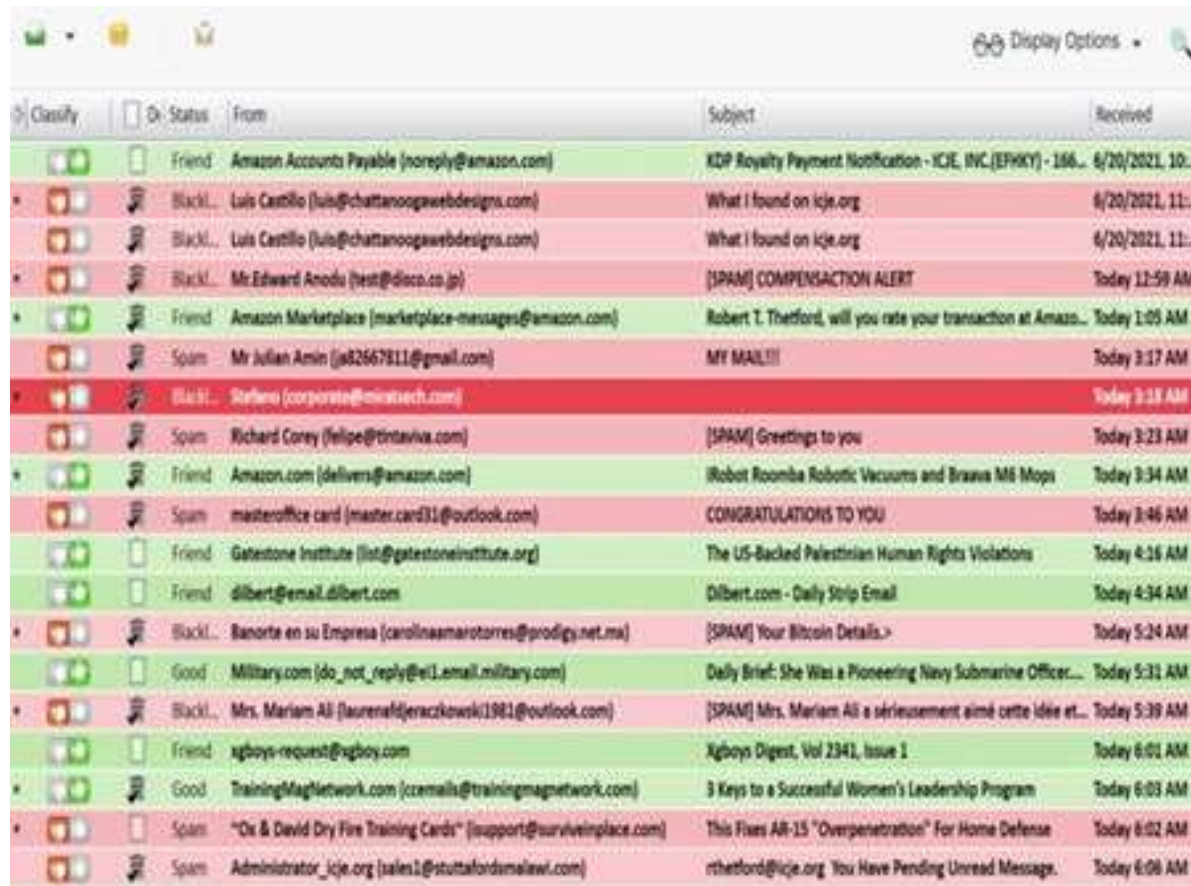
## Vital Defensive Measures

Because we can't always recognize the contact as fraudulent, there are a few defensive measures that can assist in keeping our identity and information private and safe.

1. Use a Virtual Private Network (VPN). A VPN will hide your identity and location, making it much more difficult for scammers to obtain your personal information, particularly in open access areas like hotels, airports, and restaurants. Without a VPN, it's as if you are inviting the bad guys into your home. Avoid the free VPNs as they don't normally offer the same protection as the paid services provide. Recommended VPNs are Express VPN, Private Internet Access, and Hideaway VPN.
2. Use a Password Manager. The password manager securely stores your passwords so you don't have to remember them. Password managers provide very strong passwords for all of your secure online sites and should be used by anyone linking to any financial or commercial site. A couple of the most popular are Dashlane and Roboform. These are easy to use and highly recommended.
3. Use Two-Factor Identification (2FA) whenever possible. 2FA adds an extra layer of security to your accounts by adding an additional step between putting in your password and accessing your account. This additional step is added to the log-in process and usually consists of a code sent to your phone or email or a fingerprint scan before accessing your account. It's like providing your PIN number before being allowed to access your ATM account. You may have the card, but without entering the PIN, no cash can be disbursed.
4. Also, make sure you have an anti-virus (AV) program. There are many free AV programs, but like the old saying, "There's no such thing as a free lunch," many of these programs collect and sell your personal information. For this reason, paid programs like Norton, Webroot, or Bitdefender are generally considered much better. Some programs, like Norton, offer security suites that include VPN and password managers in addition to the AV feature.
5. Back up your files frequently either through an external hard drive or an online service. Backing up your system offers protection from both equipment failure and ransomware attacks.
6. Finally, for those of you who are paranoid (and you should be), consider using an identity theft service like LifeLock or Identity Guard. They are not cheap, but with the increasing number of cyber-attacks, these programs have moved from the luxury class to the necessary class. The last time I checked, Identity Guard was a little cheaper than LifeLock for the same level of service.
7. Another highly recommended program to protect against email Spam or Phishing attacks is Mailwasher ([www.mailwasher.net](http://www.mailwasher.net)). Mailwasher is a program that reviews all of your incoming email messages and flags those that it recognizes as spam or malware. You can also review the message and sender, and if they look suspicious, you can mark them as spam, and they will be

automatically deleted before they reach your email inbox. Mailwasher has a free version. If you find the program useful, keep the free version, or for more options, use the paid version.

- Below is a sample of the Mailwasher incoming emails. Note the red email headers (flagged as spam) vs. the green headers (friends). If you get a lot of emails, particularly spam emails, this is a great program to have.



Classify	Status	From	Subject	Received
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Friend Amazon Accounts Payable (noreply@amazon.com)	KDP Royalty Payment Notification - ICJE, INC.(EPHYK) - 166...	6/20/2021, 10...
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Back... Luis Castillo (luis@chattanoogawebdesigns.com)	What I found on icje.org	6/20/2021, 11...
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Back... Luis Castillo (luis@chattanoogawebdesigns.com)	What I found on icje.org	6/20/2021, 11...
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Back... Mr.Edward Anodu (test@elico.co.jp)	[SPAM] COMPENSATION ALERT	Today 12:59 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Friend Amazon Marketplace (marketplace-messages@amazon.com)	Robert T. Thetford, will you rate your transaction at Amazo...	Today 1:05 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Mr Julian Amin (ja82667811@gmail.com)	MY MAIL!!!	Today 3:17 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Back... Stefano (corporate@minisat.ch)		Today 3:21 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Richard Corey (felipe@tintaviva.com)	[SPAM] Greetings to you	Today 3:23 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Friend Amazon.com (delivers@amazon.com)	Robot Roomba Robotic Vacuums and Braava M6 Mops	Today 3:34 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam masteroffice card (master.card31@outlook.com)	CONGRATULATIONS TO YOU	Today 3:46 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Friend Gatestone Institute (lit@gatestoneinstitute.org)	The US-Backed Palestinian Human Rights Violations	Today 4:16 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Friend dilbert@email.dilbert.com	Dilbert.com - Daily Strip Email	Today 4:34 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Back... Banorte en su Empresa (carolinaamarotorres@prodigy.net.mx)	[SPAM] Your Bitcoin Details.>	Today 5:24 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Good Military.com (do_not_reply@e1.email.military.com)	Daily Brief: She Was a Pioneering Navy Submarine Officer...	Today 5:31 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Back... Mrs. Mariam Ali (laurenafjerackowski1981@outlook.com)	[SPAM] Mrs. Mariam Ali a srieusement aimé cette idée et...	Today 5:39 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Friend xgboys-request@xgboy.com	Xgboys Digest, Vol 2341, Issue 1	Today 6:01 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Good TrainingMagNetwork.com (ccemails@trainingmagnetnetwork.com)	3 Keys to a Successful Women's Leadership Program	Today 6:03 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam "Dix & David Dry Fire Training Cards" (support@surviveinplace.com)	This Fixes AR-15 "Overpenetration" For Home Defense	Today 6:02 AM
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Spam Administrator_icje.org (sales1@stuttfordmalaw.com)	rthetford@icje.org You Have Pending Unread Message.	Today 6:08 AM

### Sample Threat Emails

Below are some sample threat emails that are obvious (and not so obvious) attempts to have the recipient respond or click a link. Either response may ultimately lead to accessing your system, including your financial records.

***Beware of anyone offering to give you something for free.***



**From:** Andrew Bailey  
**Sent:** Wednesday, April 28, 2021 4:44 AM  
**To:** rthetford@icje.org  
**Subject:** [Norton AntiSpam][SPAM] INHERITANCE CLAIMS!!!! 58.215.166.242

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

Hello,

Hope you are having a good day and the Covid-19 is not hitting hard on your side. I would like to know if you got my previous email with regards to the inheritance claims I informed you about earlier. Please let me know your interest. I will send further details if you wish to proceed.

Best regards,  
Andrew Bailey

***Beware of any email sent from a foreign country.***

**From:** Lee Young <powerball@saocarlos.sp.gov.br>  
**Sent:** Tuesday, April 27, 2021 4:09 AM  
**To:** undisclosed-recipients:  
**Subject:** [Norton AntiSpam][SPAM] Ref #: EAAL/851OYH1/15



**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

**Dear Beneficiary,**

Your email was selected in Powerball Online Lottery Promo 2021 Draw with the sum of \$350,000.00 USD.

Kindly the complete details for your claims.

**Name:**  
**Address:**  
**Mobile Number:**  
**Home/Alternative Phone Number:**  
**Age:**  
**Occupation:**  
**Nationality:**  
**Country of Residence:**

Yours Sincerely,  
Lee Young  
Notification Officer (Sec. Zonal Co-coordinator)

**Beware of opening any email attachment from an unknown source.**

[SPAM] Fw: Invoice - Payment receipt



Account Depth <hsbc@paymentdepth.pro>  
To rthetford@icje.org

Reply Reply All Forward ...

Tue 4/20/2021 2:30 PM

Follow up. Start by Tuesday, April 20, 2021. Due by Tuesday, April 20, 2021.



rthetford,

PAID

Tuesday, April 20, 2021 9:30 p.m.

[rthetford@icje.org](mailto:rthetford@icje.org)

Finally, it's not a bad idea to check and see if your email or accounts appear on the "dark web," meaning websites that traffic in stolen email, financial and other private information. Here is the link to the "Have I Been Pwned" website, a legitimate free service that keeps track of stolen identity information and allows you to see if your information is available to others. Pwned is gamer talk for "owned," so if you have been pwned, someone "owns" you. (<https://haveibeenpwned.com>)



Hopefully, these tips will help keep you safe from some of the online threats in today's world. **Summary: There are no guarantees that your computer system will be protected against cyberattacks, but there are specific steps you can take to avoid attacks. These steps include using a Virtual Private Network, Password Manager, Two Factor ID, and an Anti-Virus program. Don't forget to back up your files frequently and closely examine emails before opening them.**

This concludes our Staying Safe series. I hope you gained some tips to keep you and your family safe during these increasingly troubling times. Please let us know if you have any questions or tips.

For comments or suggestions, please get in touch with us at [training@icje.org](mailto:training@icje.org). Thanks, and stay vigilant.

Bob Thetford  
ICJE, Inc.

# Training Information from ICJE Website

## Visit the ICJE Website

April 12-15, 2022 - ACPI Crime Prevention Through Environmental Design Certification Program- Virtual Training

June 6-10, 2022 - FBI LEEDA Supervisor Leadership Institute - Huntsville, Alabama

August 1-5, 2022 - FBI LEEDA Supervisor Leadership Institute - Fultondale, Alabama

August 22-26, 2022 - FBI LEEDA Managing and Conducting Internal Affairs Investigations - Huntsville, Alabama

August 31-September 2, 2022 - 2022 LECC Conference - Orange Beach, Alabama  
Pending DOJ approval. Save the date

September 26-30, 2022 - FBI LEEDA Media and Public Relations - Decatur, Alabama

November 14-18, 2022 - FBI LEEDA Command Leadership Institute - Fultondale, Alabama

January 9-13, 2023 - FBI LEEDA Supervisor Leadership Institute - Columbiana, Alabama

February 27-March 3, 2023 - FBI LEEDA Executive Leadership Institute - Fultondale, Alabama

March 13-17, 2023 - FBI LEEDA Command Leadership Institute - Columbiana, Alabama

May 15-19, 2023 - FBI LEEDA Executive Leadership Institute - Columbiana, Alabama

### **Other Training Opportunities:**

AUM Continuing Education and Community Engagement

FEMA Emergency Management Institute

APOST Law Enforcement Training Academy - Tuscaloosa

Jefferson County Sheriff's Department Training Center

Northeast Alabama Law Enforcement Academy

Ozark Police Department Training Division

[Link to Visit the ICJE Website for Registration and More Dates](#)

## Additional Resources



## IAFCI - The PROTECTORS Podcast

### About the Podcast

Presented by the IAFCI

From ATM Skimming to Human Trafficking, The Protectors Podcast takes you inside the minds of criminals from around the world with leading experts and the investigators who put them behind bars.

Presented by the International Association of Financial Crimes Investigators (IAFCI), and hosted by International President, Mike Carroll, and International VP, Mark Solomon.

The Protectors is a bi-weekly podcast that aims to educate consumers on the fraud, financial, and cybercriminal activities that are happening every second of every day. Don't become the next victim.

[Link to Podcasts](#)

## Thought of the Month

“I sometimes wish that people would put a little more emphasis upon the observance of the law than they do upon its enforcement”

– *Calvin Coolidge*

ICJE, Inc. | P.O. Box 293, Montgomery, AL 36101

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Sent by [jimrechel@icje.org](mailto:jimrechel@icje.org) in collaboration with



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